



A PARENTS GUIDE TO **Using** Scripture for Comfort

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According to Dr. Ross Campbell, winner of The Presidents Award in Pediatrics and author of “Kids Have Feelings Too” (and many other fine books), the greatest danger children face in life are their own emotions; anger, fear, loneliness and for the children of divorce loss. Failing to comfort our children is probably an even bigger mistake than failing to correct them.

Faced with our own problems; earning a living, maintaining a marriage, dealing with OUR feelings/addictions can loom so large in our eyes that we fail to recognize just how much pain our children are in. Even when we do SEE our children’s pain we often turn away because seeing it makes our own pain worse. It is easier to turn on the TV and pretend everything is OK...but we know in our hearts that sooner or later the child’s suppressed pain will erupt, maybe as violence, maybe as a relationship or addiction that destroys their entire precious/fragile life.

Our goal at www.bibleparent.com is to offer comfort in a form that reduces a parents stress rather than increasing it...bible verses...taken one at a time last thing at night. The verses we have chosen are on joy, hope, renewal, healing etc., upbeat verses that offer the comfort (God’s comfort) none of us can live without.

We hope parents(Fathers included) visit www.bibleparent.com and give the cards a try. They are free and very easy to cut up and use.

A ten year review of the statistics on the children of Divorce compiled by Dr.’s David and Susan Larson of the NIHR titled “The costly consequences of Divorce” reveals that the emotional suffering of the children involved is so intense IT shortens the lives of boys an average of ten years and girls four years. That is a lot of hurt, more than any child should be asked to bear alone. **We pray daily that millions of parents will at least TRY the Free Bible Memory Cards at www.bibleparent.com.**

<p>Mom/Dad: Raising a safe healthy child means helping them with their FEELINGS not just their behavior. The child MOST in need of comfort is probably the angry child.</p> <p>The problem with offering comfort to an angry child is doubled. He doesn't want it and we are not particularly interested in giving any.</p> <p>Seem like a perfect time to share a bible verse? It is. The worst thing about anger for a child is that it separates him from people around him. WORKING on anger turns it into something that actually helps him make friends. Parents who want to take an extra step can visit www.ddiggs.com.</p>	<p>Better a patient man than a warrior, a man who controls his temper than one who takes a city. Proverbs 16:32</p>	<p>Be not overcome of evil, but overcome evil with good. Romans 12:21</p>
<p>Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Ephesians 4:31</p>	<p>that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. Matthew 5:45</p>	<p>A man's wisdom gives him patience; it is to his glory to overlook an offense. Proverbs 19:11</p> <p>It takes most people about 30 years to understand just this one verse. Those who do are just STARTING their journey toward God.</p>
<p>Do not say, "I'll pay you back for this wrong!" Wait for the LORD, and he will deliver you. Proverbs 20:22</p>	<p>No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it. 1 Corinthians 10:13</p>	<p>Offer hospitality to one another without grumbling. 1 Peter 4:9</p>

<p>For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; 2 Peter 1:5-6</p>	<p>For as churning the milk produces butter, and as twisting the nose produces blood, so stirring up anger produces strife." Proverbs 30:33</p>	<p>When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. 1 Peter 2:23</p>
<p>Do not be quickly provoked in your spirit, for anger resides in the lap of fools. Ecclesiastes 7:9</p>	<p>An angry man stirs up dissension, and a hot-tempered one commits many sins. Proverbs 29:23</p>	<p>In your anger do not sin; when you are on your beds, search your hearts and be silent. Selah Psalm 4:4</p>
<p>Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance. Titus 2:2</p>	<p>"Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. Luke 6:37</p>	<p>Similarly, encourage the young men to be self-controlled. Titus 2:6</p>
<p>"In your anger do not sin": Do not let the sun go down while you are still angry, Ephesians 4:26</p>	<p>But I tell you that anyone who is angry with his brother will be subject to judgment. Again, anyone who says to his brother, 'Raca,¹ is answerable to the Sanhedrin. But anyone who says, 'You fool!' will be in danger of the fire of hell. Matthew 5:22</p>	<p>Do not make friends with a hot-tempered man, do not associate with one easily angered, Proverbs 22:24</p>



Dear Sunday School teacher. This page offers a choice of keepers (wrappers) to keep these cards together. Each keeper offers a different message to parents.

If you see one here you like better than the others go to www.bibleparent.com, click on The “Versses for Comfort” button and go to the bottom of the page. Choose your keeper And print a page with all the same message.

For **brightly colored** keepers or cards purchase a bible parent cd at www.bibleparent.com

Fear makes children easy prey to peer pressure and temptation of all sorts. Carrying these verses with them can be a big help.

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Joy is the one thing no child can do without. Children who have lost their **joy** (depressed children) might find these cards of great value.

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Loss crushes a child’s spirit and leads to depression. Whatever the loss (death of a loved one, divorce, changing schools or losing their health) God’s word on these little cards will help.

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A child suffering from **loneliness** is an easy prey for peer pressure and temptation. Use these cards and make one night a month friends night.

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When a family struggles against each other they grow far apart. When you struggle against anger you grow closer. **USE** these verses.

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